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Spin ladder with anisotropic ferromagnetic legs in a transverse magnetic field

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Abstract

We have studied the ground-state phase diagram of a two-leg spin ladder with anisotropic ferromagnetic leg couplings under the influence of a symmetrybreaking transverse magnetic field by the exact diagonalization technique. In the case of antiferromagnetic coupling between legs we identified two phase transitions in the plane of magnetic field versus interchain coupling strength. The first corresponds to the transition from the gapped rung-singlet phase to the gapped stripe-ferromagnetic phase. The second represents the transition from the gapped stripe-ferromagnetic phase into the fully polarized ferromagnetic phase.

(Some figures in this article are in colour only in the electronic version)

1. Introduction

There has been recently considerable interest in study of the magnetic field-induced effects in low-dimensional quantum spin systems. In particular, the critical properties of the spin S = 1/2 isotropic antiferromagnetic two-leg ladders in a magnetic field have been a field of intense studies. This seems pertinent in the face of great progress made within the last years in the fabrication of such ladder compounds [1]. Moreover, since the antiferromagnetic two-leg ladder systems have a gap in the spin excitation spectrum, they reveal extremely rich quantum behaviour in the presence of a magnetic field (see for recent review [2]). Such quantum phase transitions in spin systems with a gapped excitation spectrum have indeed been studied experimentally [3–8]. On the theoretical side these transitions have been intensively investigated using different analytical and numerical techniques [9–23].

Ladder systems with *ferromagnetic legs* have been studied much less. The reason is partly that spin-ladders with ferromagnetic legs have still not been fabricated. However, from the theoretical point of view these systems are extremely interesting, since they open a new wide



Figure 1. Schematic picture of the ground-state phase diagram of the two-leg ladder as a function of the intraleg exchange anisotropy (Δ) and isotropic interleg coupling (J_{\perp}) in the sector of the phase diagram corresponding to the competing ferromagnetic intraleg ($\Delta > 0$) and interleg antiferromagnetic ($J_{\perp} > 0$) exchange considered in this paper. The spin-Luttinger-liquid phase is denoted by SLL, and the stripe-ferromagnetic phase by SFM. (From [28].)

arena for the study of complicated quantum behaviour, unsuspected in more conventional spin systems [9, 24–30]. The variety of open possibilities is clearly seen from the weakcoupling phase diagram of a two-leg ferromagnetic ladder which is a function of the intraleg exchange anisotropy (Δ) and the isotropic interleg coupling (J_{\perp}) [28]; it is presented in figure 1. In addition to the fully gapped rung-singlet phase (RS) (common in the case of an antiferromagnetic ladder [9, 10]), the ground-state phase diagram contains the gapless spin-Luttinger-liquid (SLL) phase with easy-plane anisotropy and the stripe-ferromagnetic (SFM) phase which are realized only in the case of ferromagnetic legs ($\Delta > 0$) [9, 28].

The very rich and interesting new phenomena arise in the case of competing ferromagnetic intraleg and antiferromagnetic interleg couplings, in particular in the presence of a symmetrybreaking magnetic field [28, 29]. The effect of the uniform magnetic field, applied parallel to Z (quantization) axes, on the properties of two-leg ladder systems was first studied (in the case of the equivalent spin S = 1 Heisenberg chain model) by Schulz [9]. In the case of the gapped rung-singlet phase the magnetization appears only at a finite critical value of the magnetic field equal to the spin gap [9, 12]. This behaviour is generic for spin-gapped U(1) symmetric systems in a magnetic field which leaves the in-plane rotational invariance unchanged [30], and belongs to the universality class of commensurate–incommensurate (C–IC) transitions [31].

The effect of a *uniform transverse field* in the case of the U(1) symmetric phase is highly nontrivial. In the case of classical spin chains this effect was already studied a decade ago [32]. However, in the case of a quantum antiferromagnetic XXZ chain this problem is still the subject of intense recent studies [32–41].

In this paper, we address a similar problem and study the effect of a *uniform transverse* magnetic field on the ground-state phase diagram of a two-leg ladder with *anisotropic*, *ferromagnetically interacting* legs coupled by antiferromagnetic interleg exchange. The Hamiltonian of the model under consideration is given by

$$H = H_{\rm leg}^{(1)} + H_{\rm leg}^{(2)} + H_{\perp} \tag{1}$$

where the Hamiltonian for leg j is

$$H_{\text{leg}}^{(j)} = -J \sum_{n=1}^{N} \left[\left(s_{j,n}^{x} s_{j,n+1}^{x} + s_{j,n}^{y} s_{j,n+1}^{y} + \Delta s_{j,n}^{z} s_{j,n+1}^{z} \right) + h^{\text{ext}} s_{j,n}^{x} \right]$$
(2)

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Figure 2. Qualitative sketch of the weak-coupling phase diagram of a two-leg ferromagnetic ladder as a function of the applied magnetic field (h^{ext}) and the isotropic interleg coupling (J_{\perp}) [29]. In the case of isotropic spin-exchange interaction in legs ($\Delta = 1$) the spin-gapped rung-singlet (RS) phase is separated from the fully polarized ferromagnetic (FM) phase via the gapless spin-Luttinger-liquid (SLL) phase. In the case of finite intraleg exchange anisotropy ($\Delta \neq 1$) the RS phase is split from the FM phase by the gapped stripe-ferromagnetic (SFM) phase.

and the interleg coupling is

$$H_{\perp} = J_{\perp} \sum_{j=1}^{N} \left(s_{1,j}^{x} s_{2,j}^{x} + s_{1,j}^{y} s_{2,j}^{y} + s_{1,j}^{z} s_{2,j}^{z} \right).$$
(3)

Here $s_{j,n}^{x,y,z}$ are spin s = 1/2 operators on the *n*th rung, and the index j = 1, 2 denotes the ladder legs. The intraleg coupling constant is ferromagnetic, J > 0, and therefore the limiting case of isotropic ferromagnetic legs corresponds to $\Delta = 1$ and the external magnetic field is proportional to $h = Jh^{\text{ext}}$.

The model (1) has been studied recently using the continuum-limit bosonization approach [28, 29]. The main attention in these studies was focused on the investigation of new field-induced effects in the sector of the phase diagram corresponding to the gapless easy-plane phase, present in the case of weak antiferromagnetic intraleg exchange $0 < J_{\perp} < J$ [9, 28]. It has been shown that, in the presence of an infinitesimally small transverse magnetic field which breaks the in-plane rotational symmetry, the gapless phase is unstable towards the gapped stripe-ferromagnetic (SFM) phase [29]. The SFM phase is characterized by uniform magnetization in the direction of the applied field and opposite magnetization of legs in the in-plane direction perpendicular to the field. It has also been shown that, when the magnetic field exceeds some critical value, the interleg antiferromagnetic order disappears and the system passes into the fully polarized ferromagnetic phase [29].

In the opposite case of strong rung exchange, $J_{\perp} \gg J$, an analytical description of the magnetic properties of the system in the presence of a transverse magnetic field is available only in the SU(2) symmetric case at $\Delta = 1$. In this limiting case it has been shown that the isotropic ladder in a magnetic field shows two second-order phase transitions: at $h^{\text{ext}} = h_{c1}^{\text{ext}}$ from a spin-gapped rung-singlet (RS) phase to a gapless spin-Luttinger-liquid (SLL) phase and at $h^{\text{ext}} = h_{c2}^{\text{ext}}$ a transition from an SLL phase into the fully polarized ferromagnetic (FM) phase (see figure 2(a)) [29].

In the case of finite intraleg exchange anisotropy ($\Delta \neq 1$), when the effect of the symmetry-breaking transverse field is important, an analytical solution is not available. However, based on the qualitative estimations and symmetry analysis, it has been shown that the two-step transition from the RS into the FM phase is present also in the case of a ladder with anisotropic legs [29]. In the same work it has been also predicted that for $\Delta \neq 1$ the RS phase is separated from the FM phase by the gapped SFM phase (see figure 2(b)).

In this paper we continue our studies of an anisotropic spin ladder in a transverse magnetic field. In particular we apply the modified Lanczos method to diagonalize numerically finite (N = 12, 16, 20, 24) ladder systems. Using the exact diagonalization results, we calculate the spin gap, magnetization, various spin structure factors and the rung dimerization order parameter as a function of applied transverse field for various values of the anisotropy parameter $\Delta \neq 1$. Based on the exact diagonalization results we obtain the magnetic phase diagram of ferromagnetic ladders with anisotropic legs showing two phase transitions in the plane of the magnetic field versus interchain coupling, in agreement with the predictions made in [27].

The outline of the paper is as follows. In section 2 we briefly discuss the model in the strong rung-coupling limit and derive the effective spin-chain Hamiltonian to outline the symmetry aspects of the problem. In section 3 we present the results of exact diagonalization calculations using the modified Lanczos method. Finally we conclude and summarize our results in section 4.

2. Large rung-coupling results

In this section we briefly discuss the model (1) in the limiting case of strong rung coupling $J_{\perp} \gg J$. In this limit the model (1) can be mapped onto the effective spin-chain Hamiltonian [4, 16]. This allows us to outline the symmetry aspects of the problem under consideration.

At $J_{\perp} \gg J$, it is convenient to discuss the model by representing the *site*-spin algebra in terms of *on-bond*-spin operators [42]. Indeed an individual rung may be in a singlet or a triplet state with the corresponding spectrum given by

$$E_{\pm} = \left(\frac{J_{\perp}}{4} \pm h^{\text{ext}}\right), \qquad E_0 = \frac{J_{\perp}}{4}, \qquad E_s = -\frac{3J_{\perp}}{4}.$$

At $h^{\text{ext}} \leq J_{\perp}$, one component of the triplet becomes closer to the singlet ground state such that for a strong enough magnetic field we have a situation that the singlet and the $S_z = -1$ component of the triplet create a new effective spin $\tau = 1/2$ system. One can easily project the original ladder Hamiltonian (1) on the new singlet-triplet subspace

$$|\Uparrow\rangle \equiv |s\rangle = \frac{1}{\sqrt{2}} [|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle], \qquad |\Downarrow\rangle \equiv |t^{-}\rangle = |\downarrow\downarrow\rangle.$$

This leads to the definition of the effective spin-1/2 operators:

$$S_{n,\alpha=1,2}^{+} = (-1)^{n+\alpha} \frac{1}{\sqrt{2}} \tau_n^+, \qquad S_{n,\alpha=1,2}^z = \frac{1}{4} [I + 2\tau_n^z].$$
(4)

The effective Hamiltonian in terms of the effective spin operators (4) up to the accuracy of an irrelevant constant becomes the Hamiltonian of the spin-1/2 fully anisotropic XYZ chain in an effective magnetic field,

$$H_{\rm eff} = -J \sum_{i} \left[\frac{1}{2} \tau_n^z \tau_{n+1}^z + \tau_n^y \tau_{n+1}^y + \Delta \tau_n^x \tau_{n+1}^x \right] + h^{\rm eff} \sum_{n} \tau_n^z, \tag{5}$$

where $h^{\text{eff}} = h^{\text{ext}} - J_{\perp} + J/2$. Note that in deriving (5), we have used a rotation in the effective spin space which interchanges the *x* and *z* axes.

At $\Delta = 1$, the effective problem reduces to the theory of the XXZ chain with a *fixed ferromagnetic XY* anisotropy of 1/2 in a magnetic field, which allows for rigorous analysis [29]. The gapped phase at $h^{\text{eff}} < h_{c1}^{\text{eff}}$ for the ladder corresponds to the negatively saturated magnetization phase for the effective spin chain, whereas the massless phase for the ladder corresponds to the finite magnetization phase of the effective spin-1/2 chain. The critical

field h_{c2}^{eff} corresponds to the fully magnetized phase of the effective spin chain where the ladder is totally magnetized. From the exact ground-state phase diagram of the anisotropic XXZ chain in a magnetic field [43], it is easy to check that $h_{c1,c2}^{\text{eff}} = \mp J/2$. For the *isotropic ferromagnetic ladder* in a magnetic field this corresponds to a transition from rung-dimers to the SLL phase at $h_{c1}^{\text{ext}} = J_{\perp} - J$ and a transition from the SLL phase into the fully polarized phase at $h_{c2}^{\text{ext}} = J_{\perp}$ (see figure 2(a)). In this paper we compare the values of critical fields with the numerical results of the exact diagonalization method.

Away from the isotropic point $\Delta = 1$, the effective Hamiltonian (5) describes the fully anisotropic ferromagnetic XYZ chain in a magnetic field that is directed perpendicular to the easy axis. For the particular value of magnetic field $h_{\text{eff}} = 0$, the effective XYZ chain is long-range ordered in the Y-direction [44]; accordingly, the original ladder system is ordered in the direction perpendicular to the applied magnetic field with opposite magnetization on legs (stripe-ferromagnetic phase). For larger values of the effective field it is clear that this SFM order will be replaced either by the rung-singlet phase or the phase with only one order parameter—magnetization along the applied field.

The exact diagonalization study of finite ladder systems (up to length L = 12 (N = 24)) shows that the magnetic phase diagram of the ferromagnetic ladder with anisotropic legs in a transverse magnetic field really presents two quantum phase transitions with increasing magnetic field. The first transition is from the gapped RS phase to the gapped SFM phase and the second is from the SFM phase into the fully polarized FM phase (see figure 2(b)).

3. Exact diagonalization results

In order to explore the nature of the spectrum and the phase transition, we used the modified Lanczos method [41, 45] to diagonalize numerically finite (N = 12, 16, 20, 24 sites) ladder systems. The energies of the few lowest eigenstates were obtained for chains with periodic boundary conditions.

To show that the transition lines can be easily observed from the numerical calculations of small systems we start our consideration with the case of *isotropic chains*. In this case, the magnetic field term commutes with the spin-spin exchange terms which makes the total x-component (S_{tot}^x) of spin a conserved quantity. Thus, the energy levels of the ladder are labelled by S_{tot}^x . We have computed the value of energy levels in the absence of a magnetic field and added the effect of the magnetic field by $-Jh^{\text{ext}}S_{\text{tot}}^x$. This gives very high accuracy for the values of the energy levels. In figure 3(a) we have plotted the three lowest levels of N = 12, 16, 20 ladders with $J_{\perp} = 2J$ as a function of the external field h^{ext} . We determine the excitation gap in the system as the difference between the first excited state and the ground state. As is clearly seen from this figure, in the case of zero magnetic field the spectrum of the model is gapped. For $h^{\text{ext}} \neq 0$ the gap decreases linearly with h^{ext} and vanishes at the critical field, h_{c1}^{ext} . This is the first level crossing between the ground-state energy and the first excited state energy. To obtain an accurate estimate of h_{c1}^{ext} we have obtained the first level crossing for system sizes of N = 12, 16, 20, 24. The finite-size behaviour of this values leads us to $h_{c1}^{\text{ext}} = 1.2 \pm 0.01$ for $N \to \infty$. The spectrum remains gapless for $h_{c1}^{\text{ext}} < h_{c2}^{\text{ext}}$ and once again becomes gapped for $h^{\text{ext}} > h^{\text{ext}}_{c2} = 2.0$. We got $h^{\text{ext}}_{c2} = 2.0$ as an exact value since there was no finite-size correction at this value. We should mention that the critical field values obtained in the previous section come from the first-order (perturbation) effective Hamiltonian approach and are not exact values. However, the values of the critical fields h_{c1}^{ext} and h_{c2}^{ext} obtained from studies of the finite chains are very close to the values obtained in the previous section. With increasing field, for $h^{\text{ext}} \gg J_{\perp}$, J the gap increases linearly with h^{ext} .



Figure 3. Difference between the energy of the two lowest levels and the ground-state energy as a function of the magnetic field, h^{ext} , for (a) $J_{\perp} = 2J$ and $\Delta = 1.0$ and (b) for $J_{\perp} = 3J$ and $\Delta = 0.5$, including different ladder lengths N = 12, 16, 20.

It can be seen in figure 3(a) for the gapless sector of the phase diagram at $h_{c1}^{\text{ext}} < h_{c2}^{\text{ext}}$ that the two lowest states cross each other N/2 times, that the first crossing occurs at point h_{c1}^{ext} and the last crossing occurs at the point h_{c2}^{ext} . In this region we also observe numerous additional level crossing between the lowest second and third eigenstates. These level crossings lead to incommensurate effects that manifest themselves in the oscillatory behaviour of the spin correlation functions. All crossings disappear at $h^{\text{ext}} > h_{c2}^{\text{ext}}$ and the correlation functions do not contain oscillatory terms in this region of the phase diagram.

In marked contrast with the isotropic case, a similar analysis of the lowest few levels for an *anisotropic* ladder in the presence of a transverse magnetic field reveal a principally different behaviour. The energy difference between the two lowest levels and the ground-state energy as a function of the magnetic field h^{ext} has been computed for $J_{\perp} = 3J$ and J = 1.0for different ladder lengths N = 12, 16, 20 and different values of the anisotropy parameter $\Delta = 0.3, 0.5, 0.7$. As an example, in figure 3(b) we have plotted results of these calculations for $\Delta = 0.5$. As is seen from the figure, the excitation spectrum in this case is gapfull except at the two critical points $h_{c1}^{\text{ext}} = 2.3 \pm 0.1$ and $h_{c2}^{\text{ext}} = 3.0 \pm 0.1$. In the region of magnetic fields $h_{c1}^{\text{ext}} < h_{c2}^{\text{ext}}$ the two lowest states form a twofold degenerate ground state in the thermodynamic limit, and the spin gap, which appears at $h^{\text{ext}} > h_{c1}^{\text{ext}}$, first increases versus external field and after passing a maximum decreases, and vanishes at h_{c2}^{ext} . At $h^{\text{ext}} > h_{c2}^{\text{ext}}$ the gap once again opens and, for a sufficiently large field, becomes proportional to h^{ext} . These results are in good agreement with the results obtained in the studies of the fully anisotropic antiferromagnetic XYZ chain in a magnetic field [40].

To determine the properties of this model in different sectors of the phase diagram we have implemented the modified Lanczos algorithm of finite-size ladders (N = 12, 16, 20, 24) to calculate the magnetizations $M^{x,y,z}$ and spin structure factors $S^{xx}(q)$, $S^{yy}(q)$ and $S^{zz}(q)$.

In figure 4(a) we have plotted the magnetization along the applied transverse magnetic field, M^x versus h^{ext} , for N = 20, $J_{\perp} = 3J$ and for different values of the anisotropy parameter $\Delta = 0.3, 0.5, 0.7$. Due to the profound effect of quantum fluctuations the transverse magnetization remains small but finite for $0 < h^{\text{ext}} < h^{\text{ext}}_{cl}$ and reaches zero at $h^{\text{ext}} = 0$. This is in agreement with results obtained within the weak-coupling continuum-limit bosonization treatment [29] and with the results for the magnetization obtained in the case



Figure 4. (a) The transverse magnetization M_x as a function of applied field h^{ext} for an L = 10 ladder with $J_{\perp} = 3.0J$ and for different values of the anisotropy parameter $\Delta = 0.3, 0.5, 0.7$. (b) The intraleg spin structure factor in the *x* direction at q = 0 for $J_{\perp} = 3.0J$ and $\Delta = 0.5$ plotted as a function of the inverse ladder length L (L = N/2) for different strengths of the applied field h^{ext} . The dashed line which corresponds to $h^{\text{ext}} = h^{\text{ext}}_{c1} = 2.3J$ marks the transition from the RS phase to the intermediate phase with finite magnetization along the field and the dashed–dotted line corresponds to $h^{\text{ext}} = h^{\text{ext}}_{c2} = 3.0J$ and marks the transition into the phase with full magnetization along the field.

of a fully anisotropic XYZ chain [40]. For $h^{\text{ext}} > h_{c1}^{\text{ext}}$, the magnetization increases linearly with increasing field, once again in complete agreement with the predictions of bosonization analysis [29]. This behaviour is in agreement with expectations, based on the general statement that in the gapped rung-singlet phase, magnetization along the applied field appears only at a finite critical value of the magnetic field equal to the spin gap [13–16]. However, in finite systems we do not observe a sharp transition at this point (h_{c1}^{ext}) or close to the saturation value which happens at $h^{\text{ext}} > h_{c2}^{\text{ext}}$. Magnetization along the directions perpendicular to the applied field remains small, but finite. However, as we will show below, for $h_{c1}^{\text{ext}} < h^{\text{ext}} < h_{c2}^{\text{ext}}$ the intraleg magnetization along the y direction is finite and it shows long-range ferromagnetic order.

An additional insight into the nature of different phases can be obtained by studying the spin–spin correlation functions. In particular we study the magnetic field dependence of the different spin structure factors. We have calculated the intraleg spin structure factors defined by

$$S_{\text{leg}}^{\alpha\beta}(q) = \frac{1}{N} \sum_{n,r} \langle 0|s_{j,n}^{\alpha} s_{j,n+r}^{\beta} |0\rangle e^{iqr}.$$
(6)

The field dependence of the intraleg spin structure factor $S_{leg}^{xx}(q = 0)$ is qualitatively the same as that of the transverse magnetization M_x . In figure 4(b) we have plotted the intraleg spin structure factor $S_{leg}^{xx}(q = 0)$ for different strengths of the applied magnetic field chosen in the vicinity of $h_{c1,c2}^{ext}$ as a function of the ladder length L. As is seen from this figure, the dashed line which corresponds to $h^{ext} = h_{c1}^{ext} = 2.3 \pm 0.1$ marks the transition from the RS phase to the intermediate phase with finite magnetization along the field and the dashed–dotted line which corresponds to $h^{ext} = h_{c2}^{ext} = 3.0 \pm 0.1$ marks the transition into the phase with saturated magnetization along the field.

In figure 5 we have plotted $S_{leg}^{yy}(q=0)$ as a function of the applied field h^{ext} for L = 10, $J_{\perp} = 3J$ and different values of the anisotropy parameter $\Delta = 0.3, 0.5, 0.7$. As is clearly

Figure 5. The intraleg spin structure factor $S_{\text{leg}}^{yy}(q=0)$ plotted as a function of the applied field h^{ext} for an L = 10 ladder with $J_{\perp} = 3.0J$ and for different values of the anisotropy parameter $\Delta = 0.3, 0.5, 0.7.$

seen from this figure, in complete agreement with the bosonization results [29], there is no long-range ferromagnetic order along the y direction at $h^{\text{ext}} < h_{c1}^{\text{ext}} = 2.3 \pm 0.1$ and $h^{\text{ext}} > h_{c2}^{\text{ext}} = 3.0 \pm 0.1$. However, in the intermediate region $h_{c1}^{\text{ext}} < h_{c2}^{\text{ext}}$, the spins of each leg show a profound ferromagnetic order in the y direction.

To display the magnetic phase diagram of the anisotropic ferromagnetic ladder in a transverse magnetic field we have also calculated numerically the *intrarung* spin correlation functions. We have computed the on-rung dimerization order parameter given by

$$d_r = \frac{1}{N} \sum_{n} \langle 0 | \vec{s}_{1,n} \cdot \vec{s}_{2,n} | 0 \rangle.$$
 (7)

In figure 6(a) we have plotted d_r as a function of h^{ext} for the ladder with $J_{\perp} = 3J$, $\Delta = 0.5$ and for different values of the ladder lengths N = 12, 16, 20, 24. As is clearly seen from this figure, for $h^{\text{ext}} < h_{c1}^{\text{ext}}$, d_r is close to -0.75, and the ladder is in the rung-singlet phase. For $h^{\text{ext}} > h_{c2}^{\text{ext}}$, d_r is slightly less then the saturation value $d_r \sim 0.25$ and ferromagnetic long-range order along the x axis is present. Deviation from the saturation values -0.75and 0.25 is the result of quantum fluctuations. In this case of finite systems and with chosen values of the rung exchange, the critical magnetic fields are high, and they strongly suppress the quantum fluctuations. As a result the obtained averages of spin correlation functions are very close to their classical saturation values. In the intermediate range of field the system smoothly undergoes a transition from a RS phase into the FM phase via formation of the stripeferromagnetic order.

To obtain additional data about the character of the spin ordering in the intermediate SFM phase we have calculated the x, y and z components of the rung-singlet order parameter given by

$$d_r^j = \frac{1}{N} \sum_n \langle 0| \, s_{1,n}^j s_{2,n}^j \, |0\rangle, \qquad j = x, \, y, \, z.$$
(8)

In figure 6(b) we have plotted d^x , d^y and d^z as a function of the applied field h^{ext} for an N = 24 ladder with $J_{\perp} = 3J$ and for $\Delta = 0.5$. As is seen from this figure, in the RS phase, at $h^{\text{ext}} < h^{\text{ext}}_{c1}$ the system clearly shows SU(2) invariant order within the rung

Figure 6. (a) The rung-singlet order parameter d_r as a function of the applied magnetic field h^{ext} for the ladder with $J_{\perp} = 3.0J$, $\Delta = 0.5$ and for different values of the ladder length N = 12, 16, 20, 24. (b) The rung-singlet order parameter d_r^x , d_r^y and d_r^z as a function of the applied magnetic field h^{ext} for the ladder with $J_{\perp} = 3.0J$, $\Delta = 0.5$ and N = 24.

 $d^x = d^y = d^z \sim -0.25$. For $h^{\text{ext}} > h^{\text{ext}}_{c1}$ the SU(2) invariance is broken; d^x increases with increasing field more quickly then the other two components and soon approaches positive values corresponding to ferromagnetic order in the x direction, while $d^y = d^z$ remain negative, indicating the antiferromagnetic correlations in these components. This shows the suppressed ferromagnetic order in the z direction, and the profound ferromagnetic response of the y direction presents completely convincing arguments in support of the statement that, for intermediate values of applied field, at $h^{\text{ext}}_{c1} < h^{\text{ext}}_{c2}$ ferromagnetic order in the y direction of spin from both legs is accompanied by antiferromagnetic order in the y direction. It corresponds to the stripe-ferromagnetic phase. Finally, for $h^{\text{ext}} > h^{\text{ext}}_{c2}$ the ordering in the y and z directions are completely suppressed, and the system shows ferromagnetic order with nominal magnetization per spin along the applied field.

4. Conclusions

We have studied the ground-state phase diagram of two-leg spin ladders with ferromagnetic anisotropic legs in a transverse magnetic field. We have implemented the modified Lanczos method to obtain the excited state energies with the same accuracy as the ground state energy. Two quantum phase transitions in the ground state of the system with increasing magnetic field have been identified. The first transition is the gapped rung-singlet to the gapped stripe-ferromagnetic phase. The second is the transition from the gapped stripe-ferromagnetic phase into the fully polarized ferromagnetic phase. These results are in complete agreement with the results obtained from the bosonization treatment [29].

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